

GECAC CORRY SENIOR CENTER

SEPTEMBER 2026 NEWSLETTER

25 S FIRST AVE., CORRY, PA 16407 (814)664-2477

OPEN TUESDAY - FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 2ND BIBLE STUDY @ 10:30 AM
- 8TH BIBLE STUDY @ 10:30 AM
BLOOD PRESSURE SCREENING
@ 10:00 AM
- 11TH BIRTHDAYS
- 14TH SENIORS FOR SAFE DRIVING Registration
required 9:00 AM - 1:00 PM
- 16TH BIBLE STUDY @ 10:30 AM
- 18TH SENIOR EXPO @ Corry Community
Center 10:00 am - NOON
- 22TH BIBLE STUDY @ 10:30 AM
- 23RD CRAFT: Paint & Sip @ 10:30 AM Please
sign up in advance to ensure enough
supplies
- 28TH HEALTHY STEPS FOR OLDER ADULTS
9:00 AM - 2:00 PM



- 9/03 Evelyn Owens
- 9/10 Gerrie Karkoski
Trish Schwabenbauer
- 9/17 Jim Davison
- 9/27 Millie Upton
- 9/29 Monica Stowe

JOIN US FOR BIRTHDAY CAKE !

**** UPCOMING PARTY DATES ****

- OCT 28 HALLOWEEN Party COST: \$5.00
Reservations Due by TUES., OCT. 20TH
- NOV 20 THANKSGIVING Party COST: \$5.00
Reservations Due by TUES., NOV 10TH
- DEC 9 CHRISTMAS Party COST: \$10.00
Reservations Due by TUES., DEC. 1ST

ALL PARTY RESERVATIONS ARE DUE BY THE
DATE GIVEN FOR EACH PARTY!! NO
EXCEPTIONS!!



**Please remember to
use your
Farmer's Market
Vouchers
by Nov. 30, 2026**



SEPTEMBER CALENDAR & MENU

MENU SUBJECT TO CHANGE

TUE		WED		THUR		FRI	
1	STUFFED PEPPERS 9:00 CARDS	2	CHICKEN TENDERS 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	3	GOULASH 9:00 CARDS 11:00 EXERCISE	4	CHEESEBURGERS 9:00 CARDS 12:30 BINGO
8	MEATBALL SUB 9:00 CARDS 10:00 BP SCREENING 10:30 BIBLE STUDY	9	CHICKEN SALAD 9:00 CARDS 12:30 BINGO	10	SWEDISH MEATBALLS 9:00 CARDS 11:00 EXERCISE	11	HAM SALAD 9:00 CARDS 12:30 BINGO BIRTHDAYS
15	CHICKEN & BISCUITS 9:00 CARDS	16	SALISBURY STEAK 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	17	CHICKEN CORDON BLEU 9:00 CARDS 11:00 EXERCISE	18	SPAGHETTI 9:00 CARDS 12:30 BINGO SENIOR EXPO 10 - NOON @Corry Community Center
22	BREAKFAST QUICHE 9:00 CARDS 10:30 BIBLE STUDY	23	SAUSAGE SUB 9:00 CARDS 10:30 CRAFT: Paint & Sip 12:30 BINGO	24	OX ROAST 9:00 CARDS 11:00 EXERCISE	25	FRENCH TOAST BAKE 9:00 CARDS 12:30 BINGO
29	CHICKEN & NOODLES 9:00 CARDS	30	TACO SALAD 9:00 CARDS 12:30 BINGO	1	HOT TURKEY 9:00 CARDS 11:00 EXERCISE	2	EGG SALAD 9:00 CARDS 12:30 BINGO



GECAC's Medicare Minute

Annual Notice of Change for Advantage and Part D Plans

The Medicare Annual Notice of Change (ANOC) is one of the most important notices to look for in the mail each year. The ANOC tells you what changes to expect for your plan in the coming year. If you have an Advantage Plan (Part C)/Drug Plan, insurance companies are required to send the ANOC by September 30th each year. The ANOC is essentially the "what's changing?" document. The Evidence of Coverage provides the more detailed description of what the plan covers and what members pay. The Evidence of Coverage notice is sent by October 15th each year. Here's some of the important things to look for in your ANOC:

Cost. Your premium may go up, down, or stay the same. Look at costs associated with deductibles, copays and coinsurance, your Maximum Out-of-Pocket costs (MOOP), prescription costs, drug deductibles/ cost sharing, and extra benefits, their limits, and changes.

Network. Provider networks can change. Don't assume doctors you've seen for years are still in network because network changes can occur.

Covered Prescriptions. Verify your drugs are still covered. Check to see if drugs have been moved to a different tier, if costs have changed, if they will require prior authorization, if limits apply, and which pharmacies are preferred / in-network.

Changing or disappearing benefits. Extra benefits can be impacted. Check to see if any benefits have changed, or were removed, for example, dental, vision, hearing, transportation, gym benefits, and other extra benefits.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, guide you Medicare appeal decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs. For help in understanding your options, contact your local GECAC Erie Area Agency on Aging PA MEDI office for more information at 814-459-4581 Ext. 400.



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania
Department of Aging



SHIP
Navigating Medicare

This publication is funded by a grant award totaling \$ 1.8 million (100%) from the U.S. Department of Health and Human Services.

GREAT RESOURCES



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400** or visit **www.gecac.org** to find out more.

PA 211 is a vital service in Pennsylvania that connects individuals with various community resources. It provides free and confidential assistance for a wide range of needs, including:

- Crisis and emergency counseling
- Food, health care, and insurance assistance
- Housing and utilities payment assistance
- Employment services and veteran support
- Childcare and family services

PA 211 operates 24/7, offering a one-stop resource for finding local services and support. Visit **www.pa211.org** to explore programs available in your community.

SNAP/Food stamps: To apply call **814-461-2000** or **1-800-635-1014**

LIHEAP: To apply call **814-461-2002** or **1-866-857-7095**

SOME HELPING SERVICES IN ERIE COUNTY:

The EMTA Senior LIFT..... **814-456-2299**
Corry City Police **814-664-2222**
Corry Fire Department **814-663-7041**
The Independent Council on Aging.... **814-835-7485**



Reminder that anyone who is experiencing depression, loneliness or isolation can **call 9-8-8** anytime to speak with a trained counselor who will listen, or the UPMC Safe Harbor Erie WARM line **1-877-550-4007**. The WARM Line is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. It's not a crisis line. If you need to speak with a crisis counselor, call **814-456-2014** or **1-800-300-9558**.

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE:
(814)459-4581
AAA TOLL FREE: (800)769-2436
AFTER HOURS (CRISIS LINE)
Day (814)451-4581 Ext 400
Evening (814) 451-1520
PACE-PACENET: (800)225-7223
ERIE CO VETERAN'S AFFAIRS:
(800)274-8387
SOCIAL SECURITY ADMIN:
(877)405-3543
AGENCY WEBSITE:
www.gecac.org
PA AGING WEBSITE:
www.aging.pa.gov

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON
FOR SENIORS 60 YRS & OLDER.
MEALS ARE \$2.00 CONTRIBUTION
PLEASE MAKE YOUR MEAL
RESERVATIONS
2 WEEKS IN ADVANCE
PARTIES WILL BE \$5.00, UNLESS
STATED OTHERWISE

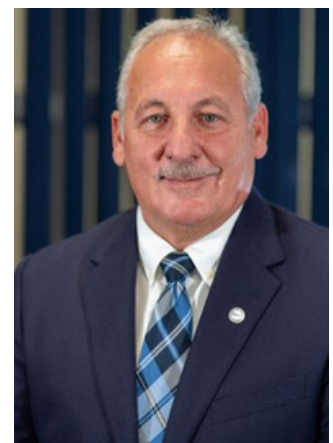
BINGO IS PLAYED ON
WEDNESDAYS & FRIDAYS @
12:30. We have LOTS OF FUN,
so come join us!!!

TAI CHI EXERCISE CLASS ON
THURSDAYS @ 11:00
LET'S BE HEALTHY!!

The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee(GECAC), Area Agency on Aging, is funded in part by the Department of Aging.



Dr. Benjamin Wilson
CEO



Ray Maholtz
AAA Division Manager

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!
Prior to using the WI-FI, members will need to
sign the GECAC POLICY AGREEMENT .
Please see RACHAEL OR VALERI FOR
ASSISTANCE.

JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search.

Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you’ll need to agree to the Group rules, but it’s easy and it’s for your protection.

We will be posting our newsletters, upcoming events and hopefully, soon, getting some other virtual activities for you to be able to participate. Talk with other current and active members and perhaps meet some of the new members that have joined us.

